

# MODEL GUIDE

MODEL MAGAZINE

ISSUE 76

**SOCIETY'S  
EXPECTATIONS TO  
BE DAMNED**  
MONIQUE SNYDERS

**FROM  
INFERTILITY  
TO INSPIRATION**

INTERVIEW WITH MODEL AND NEW MOTHER

**LOREN  
DONDO**

**PRINCESS  
KIM MASTERS  
MISS TEEN OF  
THE UNIVERSE  
FINALIST**

**EMPOWERING  
WOMEN AND  
SHAPING THE  
FUTURE**

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Dear readers,

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We are always open to feedback, suggestions, and ideas from our readers. If there is a particular topic or subject you would like us to cover, or if you have any comments or feedback on our articles, we would love to hear from you.

Our goal is to continue to deliver content that is informative, engaging, and relevant to our readers. We appreciate your support and hope that you will continue to enjoy our content.

Best regards,

Lewis Nyamakosi



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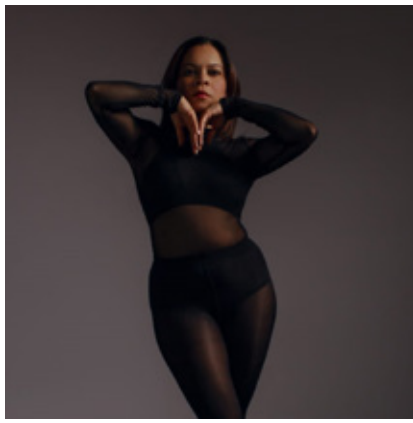
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# Model and New Mother

## Loren Dondo Redefines Industry Norms



inclusivity and support for models who are mothers.

Loren's journey into motherhood was transformative, bringing unexpected challenges and profound moments of fulfillment. Despite the initial hurdles, she is now determined to reintegrate into the industry, embracing the complexities of balancing her personal and professional life.

However, Loren acknowledges the prevalent biases within the industry, particularly concerning pregnancy and postpartum changes. She hopes to challenge these stigmas, envisioning a more inclusive industry that accommodates women at all stages of their maternal journey.

Loren's advocacy underscores the need for structural adaptations

**L**oren Dondo, a dedicated model and recent mother, is breaking down barriers in the modeling industry. With her resilience and determination, she is navigating the challenges of balancing her career and motherhood, while advocating for greater

that acknowledge and support mothers without diminishing their professional aspirations. She also dispels the misconception that motherhood hinders career progression, instead perceiving it as a catalyst

for greater ambition.

Throughout her journey, Loren emphasizes the importance of a reliable support network, emotional and financial stability, and intentional decision-making. Her story serves as a testament to the tenacity required to surmount industry-imposed limitations while embracing the joys of motherhood.

As Loren forges ahead, she remains resolute in her ambition to redefine industry perceptions surrounding motherhood. Her legacy will undoubtedly inspire future generations of models to pursue their dreams, unencumbered by societal constraints.





# Czar Motsuenyane: Power, Purpose, and the Crown of Change



In a world where pageantry is often equated with glamour and glitter, Czar Motsuenyane stands out—not because she fits a mold, but because she shatters it. With a heart forged in legacy and a mind sharpened by intellect, Czar is not just a contestant in Mrs South Africa 2025—she is a movement, a message, and a mission wrapped into one remarkable woman.

The daughter of struggle veterans, her journey began long before the stage lights and sashes.

Born into a lineage of resistance, courage, and social justice, Czar's roots run deep in South Africa's narrative of transformation. It's this legacy that shaped her into a passionate advocate for change, with an unwavering commitment to empowerment, healing, and truth.

Currently completing her master's degree in industrial and organizational psychology, Czar's academic work explores the depths of human behavior and the power of empathy in shaping environments that uplift rather than suppress. She speaks not to impress, but to connect. "Leadership for me is about authenticity and humanity," she explains. "It's not about fixing people—it's about creating space for them to be heard, seen, and understood."

Her brilliance doesn't end with academia. Czar is a dynamic businesswoman, challenging toxic workplace cultures and championing the type of environments where people thrive, not just survive. Her mission is simple yet bold: to transform how we work, how we lead, and how we live. She believes in a world where collaboration replaces competition and where emotional intelligence is as valued as experience.

Yet, perhaps her most profound impact is felt at home. As a proud wife to Simon Motsuenyane and mother to three beautiful children, Czar wears her roles with reverence. "My family grounds me," she says. "They are my why." And through her work as co-founder of the Sons to Men Foundation, she extends this love outward—mentoring young boys into becoming emotionally aware, respectful, and visionary leaders.

In 2020, her world shifted again when she encountered the Mrs South Africa pageant. At just 1.54 meters tall and with a curvy figure that defies mainstream modeling norms, she never imagined herself on such a stage. But Czar saw an opportunity—not for personal validation, but for transformation. She knew that the pageant could become a platform, not just for beauty, but for boldness. Her entry into the world of pageantry was a declaration: that beauty is not one-size-fits-all and that the power of a woman lies not in her symmetry, but in her spirit.

"I wanted to create space for diversity," she reflects. "To redefine what beauty means, and to show that authenticity is the most radiant crown of all."



But Mrs South Africa is more than a personal dream—it is a platform for purpose. For Czar, this journey is about amplifying voices, building communities, and turning pain into power. Her vision includes initiatives focused on women’s empowerment, mental wellness, and workplace equity. She dreams of mentorship programs, financial literacy workshops, wellness campaigns, and community outreach efforts that uplift the underrepresented and unheard.

She also addresses the multi-layered struggles that women in South Africa face—from mental health stigma and unequal pay, to gender-based violence and exclusion from digital opportunities. “We are expected to be everything to everyone,” she says. “But when do we get to just be?” Her advocacy is

deeply intersectional, recognizing the compounded challenges that race, gender, and socioeconomic status bring. She challenges us to look at ourselves, our systems, and our society—and to do better.

Her inspiration comes from powerhouses like Brene Brown and Thuli Madonsela—women who lead with both fire and grace. “I call myself The People’s Protector,” Czar says, her voice steady. “Because I cannot look away from injustice. Even if standing up breaks me, I will rise.”

And rise, she does—with elegance, power, and the kind of raw honesty that doesn’t just change rooms—it changes lives.

To young girls across South Africa and beyond, Czar offers a message soaked in hope and blazing with truth:

“Your voice matters. Your dreams are valid. You have the right to take up space, to be respected, and to thrive. Stand tall, speak up, and never apologize for the light you carry. The world is waiting for the incredible things you will do.”

In Czar Motsuenyane, we don’t just see a woman wearing a crown. We see a crown becoming a woman—shaped by experience, crowned by compassion, and carried by an unshakable purpose.

As she walks the Mrs South Africa 2025 journey, she isn’t simply chasing a title. She is leading a revolution in heels—one that reminds us that the true mark of a queen isn’t her throne, but her impact.



# Meet Tafadzwa Kuveya, the Reigning Miss Glamour Zimbabwe 2025



For Taffy, glamour is not just about physical appearance; it's an attitude, a way of life. "Glamour means 'another day, another slay'," she exudes confidently. "It's about showing up in life every day with style, beauty, and charisma." Her favorite fashion trend is the classic "old money" style, which she believes never goes out of fashion.

Taffy is passionate about education as an empowerment tool for women. She believes that access to quality education can give women the knowledge and confidence they need to take on leadership roles. As Miss Glamour Zimbabwe, she hopes to make a positive impact in her community by providing access to education for those who need it most.

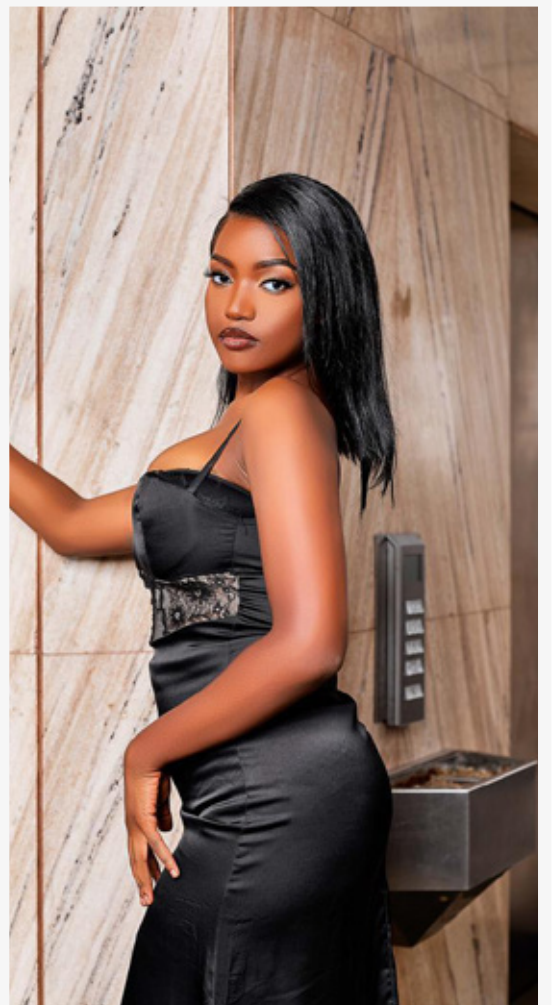
Taffy is proud of her Zimbabwean heritage and believes that cultural heritage can be preserved and showcased through beauty pageants. She suggests that contestants can promote authenticity by wearing national garments, embracing traditional hairstyles and jewelry, and celebrating African customs.

As a beauty queen, Taffy has faced her share of challenges, including criticism and negative feedback. However, she chooses not to take it personally and instead uses it as an opportunity to learn and grow. Her advice to others is to have a filter and not allow negative feedback to get to them.

**A**t just 21 years old, Tafadzwa Kuveya, affectionately known as Taffy, is making waves in the beauty and fashion industry as the reigning Miss Glamour Zimbabwe. This stunning young woman is not only a beauty queen but also a talented accountant and entrepreneur.

Taffy's message to young girls and women across Zimbabwe is one of empowerment and self-belief. "You can do it, and you are enough," she encourages. "Believe in yourself, and you can achieve anything you set your mind to."

As Miss Glamour Zimbabwe, Taffy is committed to being a positive influence and role model for young women. Her title has motivated her to be the best version of herself, and she continues to inspire others with her confidence, charisma, and beauty.



# The Unstoppable Keesha Williams: A Beacon of Hope and Empowerment



In a world where women are often expected to conform to societal standards, Keesha Williams stands tall as a shining example of self-acceptance, inner confidence, and kindness. As the reigning Miss Class of SA 2024 and Community Champion, Keesha is using her platform to inspire and empower others, spreading a message of hope and resilience that resonates deeply with women and girls across South Africa.

Keesha's journey to becoming a beauty queen and community leader began with a personal quest to overcome her own insecurities and discover the true meaning of beauty. Through her participation in pageants, she has found a platform to express herself, celebrate her uniqueness, and inspire others to do the same.

As an advocate for women's empowerment, Keesha is passionate about addressing the significant challenges facing women today, including Gender-Based Violence (GBV) and menstrual health stigma. She believes that by working together to create



safe spaces, challenge patriarchal norms, and promote education and economic empowerment, we can overcome these challenges and create a brighter future for women and girls.

Keesha's definition of beauty is rooted in inner confidence, self-acceptance, and kindness. She believes that true beauty comes from within and that no one defines our worth but ourselves. Through her own life and work, she aims to promote a message of self-love, self-acceptance, and self-empowerment, encouraging others to celebrate their unique qualities and reject societal standards of beauty.

As Community Champion, Keesha has been involved in a wide range of community service initiatives, from visiting clinics and daycare centers to organizing clean-up drives and volunteering at local charities. These experiences have not only given her a sense of purpose but have also shown her the impact that small acts of kindness can have on people's lives.

Keesha's advice to others facing criticism or negative feedback is to not take it personally but instead use it as a stepping stone for growth. She reminds us that we are not defined by someone else's opinion but by our own character and actions.

As she looks to the future, Keesha's long-term goals and aspirations are centered around continuing to make a positive impact in her community and beyond. She envisions herself on an international pageantry stage, proudly representing South Africa and showcasing the beauty, talent, and resilience of

our nation.

In conclusion, Keesha Williams is a true inspiration and a beacon of hope for women and girls across South Africa. Her message of self-love, self-acceptance, and self-empowerment is a powerful reminder that true beauty comes from within and that we all have the power to create our own destiny.





Chengeto: Miss Ebony Zimbabwe 2025

# GET TO KNOW Princess Kim Masters

In a remarkable display of determination and passion, 14-year-old Princess Kim Masters has secured her spot as a finalist in the Miss Teen of the Universe Zimbabwe 2025 pageant, representing Harare Metropolitan Province.

This young and ambitious individual is not only a talented model but also a strong advocate for Autism Spectrum Disorder (ASD) awareness. Princess Kim aims to create a society where ASD is embraced, understood, and celebrated as part of natural human diversity. Through advocacy, education, and support, she seeks to break down barriers and challenge stereotypes, ensuring individuals with ASD have equal opportunities for inclusive education, employment, and fulfilling lives.

As a budding lawyer, Princess Kim's motivation stems from her desire to fight for justice, particularly for those facing longer jail terms due to inadequate legal representation. Her role models, Miss Pauline Marere and Ms. Pokello Nare, have inspired her to persevere and pursue her dreams, demonstrating that with focus and determination, anything is possible.



When asked about her expectations for the Miss Teen of the Universe Zimbabwe 2025 pageant, Princess Kim's team expressed confidence in her abilities, stating, "She is a Queen regardless of age, and we know she's going to get the crown." The final event is scheduled to take place on July 26th in Harare.

In a message to mothers whose children are interested in modeling, Princess Kim's team emphasized the importance of being supportive and invested in their child's endeavors. "Be your daughter's best friend, get close to her, and know what she truly wants... Invest in your kids, give them an opportunity to network, mix and mingle with the best, and they will live their lives as Queens."

As Princess Kim prepares for the Miss Teen of the Universe Zimbabwe 2025 pageant, her story serves as a testament to the power of determination, passion, and advocacy. This young model is undoubtedly a force to be reckoned with, and her journey is one to watch.







# Yui Tamano's Inspiring Journey from Motherhood to the Miss Elite Int Stage

In the serene landscapes of Kanagawa Prefecture, Japan, lives a woman whose story is quietly yet powerfully rewriting the narrative of beauty, motherhood, and purpose. Yui Tamano, 43, is not your conventional model—she's a mother of two, a businesswoman, and a passionate advocate for women's empowerment. Her journey into the modeling world is not just a personal pursuit — it's a mission born from struggle, hope, and an unwavering desire to make a difference.

Yui's life changed forever through the gift of fertility treatment, which helped her and her husband become proud parents of two beautiful children. That deeply personal experience ignited something within her — a need to speak out, share her story, and support those navigating the emotional and physical toll of infertility. "The reason I decided to participate in this contest is because I want to help others who are struggling with infertility, just as I once did," she says. Her voice carries not only experience but deep empathy — and that is what sets her apart.

While stepping into the modeling spotlight, Yui continues to play multiple roles in her daily life. Beyond the glitz and glam of the camera, she's actively involved in raising her children and supporting the operations of her husband's business. Her life is a blend of elegance and practicality — a reflection of the modern woman who gracefully balances ambition with responsibility.

Looking to the future, Yui has set her sights on leaving a lasting mark

in the modeling industry, both in Japan and internationally. "In the coming years, I believe I will become a professional who can make a significant impact," she says. "My goal is to help those who are suffering from infertility and contribute to solving the global issue of declining birth rates." Her vision is bold, yet grounded in personal truth — she wants to turn the spotlight into a platform for real, societal change.

This year, Yui is taking a powerful step toward that vision by joining the Miss/Mrs. Independent

International 2025. But this isn't just another pageant. It's a global platform that champions the values of Empowerment, Independence, and Inclusivity — a space where women are not judged solely on appearance, but celebrated for their strength, authenticity, and inner light. "Miss/Mrs. Independent International is about supporting women on their journey to being true to themselves," Yui explains. "It's a community that empowers women to rise, lead, and shine."

Her participation in this competition



is more than a personal achievement—it's a message to women everywhere: that it's never too late to chase a dream, share your truth, and be a light for others.

As she prepares to take the stage, Yui Tamano isn't just wearing a sash or a crown — she's carrying a story. A story of resilience, hope, and empowerment. She's walking for every woman who thought her time had passed. For every mother who's struggled in silence. For every individual who dares to turn pain into purpose.

In a world constantly chasing perfection, Yui Tamano is redefining what it truly means to be beautiful — and her journey is only just beginning.



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*Monique Snyders*

# Monique Snyders' Society's Expectations Be Damned



Monique's achievements extend far beyond the realm of modeling. As an aerialist, she proudly represents South Africa on the national aerial sports team and has competed internationally in Italy. Her passions also include CrossFit, yoga, gymnastics, and exploring the vibrant café scene in Cape Town.

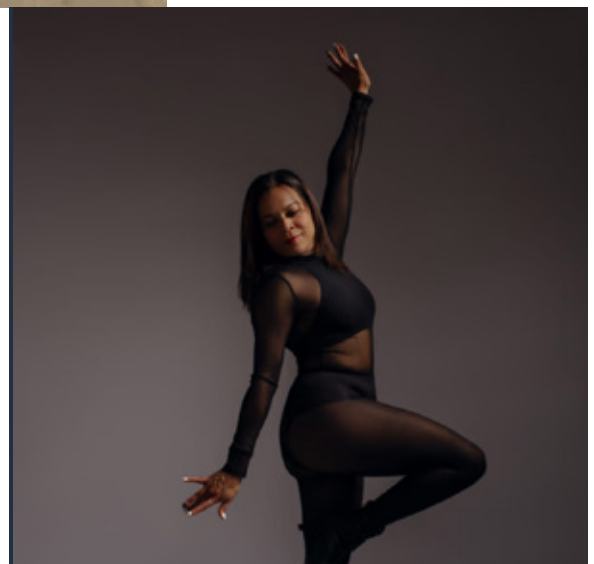
As a woman, Monique has faced significant challenges, particularly related to societal expectations surrounding motherhood and appearance. However, she has overcome these obstacles by prioritizing self-care, seeking support from like-minded women, and embracing her multi-faceted identity.

Monique's commitment to empowering others is a testament to her character and dedication. As a Mrs. South Africa finalist, she plans to use her platform to advocate for women's empowerment, uplift and support women in her community, and celebrate the diversity and resilience of South African culture.

Will Monique Snyders be the next Mrs. South Africa? Only time will tell, but one thing is certain – she is a force to be reckoned with.

In a world where women are often expected to conform to societal norms, Monique Snyders is breaking the mold. This 37-year-old pharmacist, business development manager, and devoted wife and mother is taking the modeling world by storm, and her sights are set on the coveted Mrs. South Africa title.

As a finalist in the Mrs. South Africa pageant, Monique is a shining example of a woman who embodies confidence, creativity, and self-expression. Her journey into modeling was sparked by curiosity and a passion for fashion, and she has since discovered that modeling is not just about beauty, but about embracing one's individuality and strength.



# Breaking Barriers with Grace: An Interview with a Multi-Talented Force

*Interview by Lewis Nyamakosi*

In a world that often demands women to choose just one path, this remarkable woman defies expectations by embracing them all. A Hospital Pharmacist, Radio Presenter, and Model, she is proof that passion, purpose, and perseverance can coexist beautifully.

We sat down with her to talk about her journey, the challenges she's faced, and the wisdom she's gathered along the way.

**Tell us a bit about yourself and how you got started in the modeling industry.**

I'm a Hospital Pharmacist, Radio Presenter, and Model. My journey into modeling began with pageants, where I discovered my passion for fashion design and the electrifying thrill of the runway. What started as a curiosity evolved naturally into a true calling.

**How do you balance your personal and professional life, and what advice would you give to others who struggle with this?**

I live by something my mum used to say: "Change of work is rest." Multitasking isn't a burden for me—it's a way to stay energized and productive. Shifting between roles doesn't wear me down; it revitalizes me. My advice? A moment lost is a precious opportunity gone. Time is your greatest asset—invest it wisely.

**What do you think are the most important qualities for a woman to possess in order to be successful?**

Resilience and an unyielding drive for growth. Success isn't one-size-fits-all—it's a personal journey. A woman who's committed to learning, evolving, and rising above challenges is already on the path to greatness. Every step forward is a win.

**Tell us about a particularly challenging experience you've had, and how you overcame it.**

Despite the strides we've made, women still face the burden of constantly having to justify their worth. It's disheartening, but it's also a call to action. Real change requires more than surface-level equality—it

needs structural shifts. Overcoming this challenge requires resilience, but more importantly, a united vision of what true empowerment looks like.

**How do you stay positive and motivated, even in difficult times?**

I'm blessed with a deeply supportive family and a strong sense of self-motivation. That combination keeps me grounded and focused, even when the going gets tough.

**As a titleholder, what do you hope to achieve, and how do you plan to use your platform to make a difference?**

I want to shine a spotlight on women's health—particularly chronic illness and medication adherence. Through my platform and pageant experience, I hope to educate and inspire, helping women everywhere take control of their health and wellbeing.

**How do you think women can support and uplift**



**each other, rather than compete?**

Start with listening. When we truly hear each other—without judgment or comparison—we create a space for genuine support and connection. That’s where real empowerment begins.

**What advice would you give to young women just beginning their journey?**

Prioritize your education—it’s the foundation for everything. Then, find a cause that sets your soul on fire. Use your knowledge and passion to make an impact. The world is waiting for your voice.

**Can you tell us about a woman who inspires you?**

My mother. Her resilience, passion, and unwavering energy continue to inspire me every day. She taught me to face life with courage and compassion—and that’s a lesson I carry with me always.

**How do you think the Mrs. South Africa pageant empowers women?**

The pageant instills self-worth—a foundational tool for every woman. It cultivates confidence, and through that, creates a strong sisterhood. This bond empowers each participant, and they go on to spread that empowerment to others.

**How can women challenge societal norms and expectations?**

Women have long been forces of change, even when their efforts were hidden. Now, with broader platforms and increased visibility, their voices are shaping new narratives and breaking down outdated norms. Visibility is power—and we’re finally being seen.

**What are the most pressing issues facing South African women today, and how can we address them?**

Health education, awareness, and equal access to opportunity remain pressing challenges. We must amplify women’s voices and ensure every woman has the tools to live a safe, empowered, and dignified life.

**How do you plan to continue making an impact after the pageant?**

I’ll continue collaborating with organizations focused on women’s health and education. Every woman empowered is a ripple effect—a village lifted. That’s the kind of change I’m committed to making.

**Closing Thoughts**

***Her story is one of courage, balance, and unwavering commitment to empowerment. Through her voice, her actions, and her platform, she continues to challenge expectations and light the way for others.***



# When Grace And Passion Combines!

Raw talent, real and extremely rare. There is something alluring about a young beautiful lady who has a solid vision about her future. Who cannot be easily intimidated by others success. A well rounded individual who is successful in all areas of her life. Fatness in all angles. A great combination of beauty and intelligence. What an incredible full package!

We had a chance to meet a lady who is bold enough to deepen her roots into the water of this complexity yet lucrative industry. Actually, I am talking about the world of rhyming with words. Ladies and gentlemen meet, Hlayisani Antonette Shiburi (34) who is affectionately known as N'wa Jika The Poet Phymbye Ra Africa is a multiple – award – winning author of 9 books, poet, motivational speaker, program director, actress, qualified Electrician with Red seal, brand ambassador, founder of Switirhela Ku Lulama Clothing Brand Est 2022 and entrepreneur. She is very passionate about her culture. This is why she specialises in Xitsonga poems.

Her gift of reciting praise poetry, she stood before Kings and Queens like Mama Beka Ntsan'wisi, Tonic Chavalala, Solly Makamu, Arthur Zwane, Minister of water and sanitation Senzo Mchunu and Mayor of Collins Chabane Municipality. She went further to explain that N'wa Jika The Poet hosted Limpopo Poetry Slam competition and Limpopo Craft Competition (drawing and fashion designers) which was open for everyone who resides in Limpopo Province whereby the top 3 of each category won cash prize, medals, trophies and certificates. The event was funded by National Arts Council.

She strongly believes that poetry is a tool that is used to inspire, uplift, empower, motivate, comfort the spirit of both young and elderly people. Our fireball has been interviewed on SABC television, Munghana Lonene FM, Capricorn FM, Ikwewezi FM and Energy FM. Also, she was featured in DailySun, Mirror, Herald newspaper, Published Africa magazine and Malamulele Express.

## **What message do you want to tell your family members, friends and fans?**

I am grateful to have such kind of amazing people in my life who have full support towards my journey. I really appreciate them from the bottom of my heart.

## **Words of wisdom**

Let your smile change the world, do not let world change your smile.

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Written by Kudakwashe T Muganu





# Making BIG Moves



**S**inothando is not a small girl but she is extraordinary in every sense. At the age of 14, she has already achieved remarkable results in her life. As a goal driven, passionate and enthusiastic young girl who hails all the way from the Durban city, Chatsworth. She is a talk of the town through her admirable works in the modelling industry.

Sinothando Tshaka is a gifted chef, baker, public speaker and professional model who was trained at Expressers Modelling Agency. She is doing grade 10 at Queensbury High School. Her favourite subject is mathematics, she wants to be a professional doctor when she grows up because her passion is to save lives of others so that they can fulfill their assignment before they exit on this earth. Our fireball joined Miss Charity Influencer 2025. She is a full time philanthropist who strongly believe in giving back to the less privileged people.

## **What is the greatest lesson you have learnt from your mother?**

How to be resilient. Being sure of who you are even if you are not liked by the people in the room.

## **What is your philosophy?**

Wear confidence every time, you can wear nice clothes but with no confidence you won't look good.



## **What is your driving force towards your goals?**

In my little life experience, I have come to realise that life is all about choices and decisions. Can you imagine, if you are doing nothing and expecting to obtain outstanding results. It is impossible, right? It is my duty to fight for what I desire to accomplish in my life. My personal motto is that the battle is not over until I win.

## **Words of wisdom**

Think like a queen who is not afraid to fail. Simply because you can positively use failure as a stepping stone to greatness.

Kudakwashe T Muganu

# Choose Your Own Style

From an early age, she showed a natural flair of modelling. Her craftwork speaks for itself that she was destined to be a model. At the age of 5, she was already on the runway and scooped many awards. What an incredible individual! This early childhood awareness made our superstar model to take her career very seriously and it set her on a path to success.

As a model guide magazine, we are super excited to feature a vibrant, self-driven and ambitious girl who was brought up in Embo ( Hillcrest ), KwaZulu Natal Province. Allow me to introduce you to a remarkable individual who is making waves in the modelling industry, a world shaker and earth mover. Meet Sisipho Mkhize is a 5 year old Zulu speaking girl who is doing grade R at Embo Child Educare Centre. She is also gifted in the area of public speaking, dancing and comedy.

Our game changer model usually gives her spare time to do charity activities. Sisipho's impact goes beyond the stage. She is committed and dedicated to use her platform to make a positive difference in her community.

She donated school uniforms, school shoes, clothes, toys and food at local orphanages.

## **What challenges did you face on your journey as a Queen?**

Success is not a matter of luck. It is an ability to manage challenges and resources like time. To be a student and reigning Queen at the same time is not as easy as many people think of. I had to develop a routine to balance my school work and modelling career.

## **What kind of advice would you like to tell upcoming models?**

Success is a rocky road but it is achievable. Keep showing up each an everyday with a fresh mind and zeal. Keep moving forward. Do not accommodate any arrival-mentality thoughts in your head, there are vast opportunities that are waiting for you on top.

## **Words of wisdom**

The world is tired of listening to noise makers. Talk few words, let your fashion style or positive impact do the talking for you.

Written by  
Kudakwashe T Muganu



# Face Forward



Modelling is a perfect platform where gifts and talents are nurtured and creativity is celebrated. It is not a secret that we have got a small percentage of stardom who are capable of capturing the hearts of many people by their exceptional modelling skills.

One of the rising superstars who is currently trending on social media platforms and making headlines on broadcasting media houses by displaying qualities that can set her apart from the crowd.

Our loyal and wonderful readers allow me to introduce you to the lady of the moment, Nalolonke Dube, Durban – born superstar, soccer player, public speaker who made her own way to the top with a head full of dreams and aspirations. As an effective leader, Nalolonke Dube has set a noticeable blueprint for the next generation to come by leading the way. Let us be honest, it takes dedication, commitment and perseverance to be the best among the rest.

She discovered her love for modelling when she was 6 years old and she managed to scoop 14 titles in her modelling career. From a very young age, she promised herself that the world will never remain the same as long as she lives. She will be

a contributor rather than to be a full time consumer. Nalolonke is helping a lot of students who have low self-esteem about themselves because of their skin colour or body structure.

Furthermore, she is a very passionate about helping less privileged people by donating food, toys, blankets, clothes and sanitary towels. “Spread love everywhere you go. Let no one ever come to you without leaving happier,” she says.

What makes you a legend of tomorrow?

I am a master of my own craftwork. I put all my heart, energy and mind into my work because success is a reflection of what you constantly do over a period of time.

Written by

Kudakwashe T Muganu



# Tailor your own destiny

You cannot talk about toddlers who are dominating in the modelling industry without mentioning her name. This belle is not an ordinary girl, she is by all means an incredible individual and history maker.

Tahani Phewa is a 5 year old young girl, student, an amazing photogenic youngster. Truly speaking, the camera loves her.

Our superstar model is a seasoned and professional model who was trained by a reputable guru in the modelling industry, Safie Shozi. At her first pageant, she scooped the top model title which is Miss Inspired Beauty Ambassador 2024 and Toddler 2nd Princess. What an incredible experience! This achievement boosted her confidence to a greater extent that she was bold enough to take another mountain.

## How do you define your own personal style?

People say that all flowers are beautiful in their own way. Personally, I apply the same concept in my own life. I am unique in my own style. I strive to look good all the time because it boosts my confidence. I am a kind, loving and caring person who wants to see other people making progress in their lives.

What is next?

It may look like an impossible task to do but I am pretty sure that one of the days, my dreams will come to pass. The market has already tasted my creativity and capacity. My main goal is to be a top model in South Africa and internationally in the next 10 years to come.

Written by

Kudakwashe T Muganu



# Young and Spontaneous



She is a true embodiment of the mantra, “age is just a number.” This gem is one of the vivacious youngsters who chose to get up from her comfort zone and started to pursue her modelling career at a younger age. Her journey serves as a powerful reminder that with passion, a clear vision and determination, one can accomplish even the loftiest of dreams. In this exclusive interview, Thandolwethu was disclosing her winning formula.

Thandolwethu Ntando Mkhize is a 10 – year – old young girl who is doing grade 5 at Clayridge Primary School. Currently, she is reigning as Miss Charity Influencer 2025 Finalist. Her dedication and determination extends beyond modelling.

Her modelling career started in 2024 at Expressers Modelling Agency, she never looked back or slowed down up to this current day. Our fireball vividly explained that modelling is an art that can be expressed through fashion, beauty, pictures, body language, the list is endless.

What is your charity project and platform?

I put much of my focus on the health and well – being of every child in South Africa. This has nothing to do with race, tribe or nationality. Children are the future leaders of tomorrow and I take full responsibility as a citizen to make sure that they are well – groomed and nurtured in a proper way before they reach a certain age of adulthood whereby they will be able to take care of themselves. This is why I want to be a doctor in the next 20 years to come, I have the passion to save the lives of people.

Furthermore, I am a huge advocate of education because it is a vital key to success. In my spare time, I help other students with their assignments or to teach them complicated subjects.

What would you like to tell upcoming models?

Embrace every moment of this incredible journey of modelling. Be true to yourself, stay dedicated and use your platform to inspire positive change. You have the power to make a long lasting impact on the lives of others.

What do you want to say to your friends, family and fans?

To my incredible support system, I would like to thank you for your unwavering support that you always give me each an everyday of my life. You will never get tired or give up on me. Your encouragement makes me realise that I am not alone on this journey.

Social media handles

Tik Tok : Thando Mkhize \_11

Written by

Kudakwashe T Muganu



# The power of excellence



She is a master of her own craftwork, a dynamic and iconic demigod who has made a visible mark in South Africa through her extraordinary talent. This jewel is a powerhouse who has triumphed in a competitive industry, she is one of the successful young influential models in the city of Durban.

Asphile Mkhize is a grounded, dynamic and ambitious young girl who was born and raised in Embo ( Hillcrest ). Her biological mother quickly discovered her gift and she did not hesitate to take her to Expresses Modelling Agency at a younger age. Our fireball did not look back or slow down towards her vision to be a model. Today, she is rated as one of the successful young girls in the modelling industry.

Her greatest aspiration is Coach Zandile because she is an outstanding leader who is eager to build her nation by doing excellent work of raising young leaders through her mentorship classes. She groomed and installed emotional intelligence in our superstar model because she has got the ability to control her emotions effectively. Modelling is a game. You can either win or lose. Without any element of doubt, everyone learns and grows from his or her own mistakes.

As a Miss Charity Influencer 2025 Finalist, netball player, philanthropist, she enjoys giving back to the community on her spare time. Usually, she goes to different orphanages to do charity work.

## The balance

It is impossible to do all things at the same time. Management is the master key of success. As a responsible student, I have to do my homework and study after school. On the same coin, I have to work very hard in my modelling career. The plain truth is that it is your personal duty to manage your time so that you can live a balanced lifestyle.

How kind of legacy do you want to leave on this earth?

I would like to be remembered as a loving and caring person who lived her life to the fullest without leaving any stone unturned. Someone who helps and motivates other youngsters who are struggling to discover their purpose, gifts and talents.

Written by  
Kudakwashe T Muganu

# Emmah *Istufuza Esihle* Ntuli



"Embark on a transformative adventure with The Journey—a tale of discovery, growth, and inspiration."  
"Uncover the path to self-realization and success, one page at a time"

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# New book in the marketplace



An emerging motivational speaker, philanthropist, professional model, prolific writer, gospel worshipper, Christian life coach, Emmah iStufuza Esihle Ntuli has recently released her latest book, *The Journey* which equips readers with essential life skills.

Speaking to the *Model guide* magazine during the interview, Emmah explained that her goal is to provide people with practical and proven ideas that can build people's lives. "This is a self – developmental book which acts as a manual to teach every living being on this earth on how to overcome life challenges of life. This has nothing to do with age, skin colour, geographical location, level of your education or social status. The reality is that everyone is dealing with some issues. The information that you can find in this book will make you a powerful storm rider," she says.

Over the years, she refined the concept and tested it to a larger number of young girls and it transformed their lives into another dimension. She is pretty sure that the life of a reader will never be the same again after reading her book.

It is not a secret that we are living in the days whereby there is a high rate of unemployment, divorce, teen pregnancy, cyberbullying, abuse or violence. As a result of this, many people react in a negative way to such an extent that they will commit suicide, do drug or alcohol abuse. It is another form of escaping to confront the situation. What is lacking is information that can rescue them from being buried by storms.



Some key steps in her book include character building, management of crisis skills, secure financial stability, mental development and healthy well being.

Emmah is thrilled by the positive reception her book has received. Her parting words, "It has been overwhelming honestly. Seeing the sales figures on Amazon, you reach a moment where you realise that strangers are buying your book. My friends, family and fans have been incredibly supportive and watching this dream unfold has been both exciting and humbling."

Written by

Kudakwashe T Muganu



# Geared for success



Walking on stage may sound so simple while limelights are glowing immensely, photographers are playing with their toys and a large number of people are cheering at you. If you think it is easy, just give it a try. Modelling is not just walking like a duck. It takes tons and tons of hours to reach to a point of perfection and excellence.

“I vividly remember when I was 5 years old, I used to go to the backyard of our house almost everyday to do a catwalk. Wearing extra big tip top heels of my biological mother. I was very young and I did not know exactly what I was doing but I was consistent in my daily routine,” she says.

Nobesuthu Vanessa who is well known nissanobz is a 21 year old who is a video vixen model, fashion model, commercial model, brand ambassador, advocate of Gbv and public speaker. Our fireball was born and bred in the city of Kings and Queens, Bulawayo. She is a true embodiment of the mantra, “hard work pays off.” Her passion of modelling has taken our superstar model to different

parts of the country.

Indeed, it is true that a good beginning makes a good ending. She started to participate to local fashion events and talent shows. The good news is that she was winning. She did not want to be only a local champion because she has got a burning desire to be an international model in her career. She was trained and groomed to be a professional model so that she can give the best to the world.

## Words of wisdom

Success is not a smooth road to walk. Not all days are the same, life is a combination of good and bad days. A large number of the successful people have the ability and capacity to deal with challenges especially nowadays there is a high rate of cyber bullying on social media. A lot of models are bullied by the negative comments that are passed by people whom they know or strangers on social media. Honestly speaking, no one has got the power to control what everyone feels about you but you have the ability to control your emotions.

Nobesuthu developed a thick skin to a greater degree that she can extract good lessons from a negative criticism. Self – awareness is a great key to greatness. Simply because if you allow people to determine your ultimate value. They have the power to control you.

Not all criticisms are bad, some are constructive criticisms because they can show you the other side of the coin that you cannot be able to see yourself. Be able to separate constructive and negative criticism.

Written by Kudakwashe T Muganu



# The Rise of Lwazikazi Sasayi: A South

Lwazikazi Sasayi is a name that is quickly becoming synonymous with the South African modeling industry. This 14-year-old sensation from Scenery Park has already made a significant impact, and her rise to fame shows no signs of slowing down. In an exclusive interview with Model Guide Magazine, Lwazikazi and her mother shared their inspiring story, revealing the passion, dedication, and support that have propelled this young model to success.

Lwazikazi's journey into modeling began when her mother showed her an article about a young model who was competing in a beauty pageant. Inspired by the model's story, Lwazikazi began to follow her journey and soon realized that she too wanted to pursue a career in modeling. With her mother's support, Lwazikazi started taking modeling classes and soon discovered her own unique style and flair.

Competing in beauty pageants has been a valuable learning experience for Lwazikazi. Initially, she was a shy and introverted person who struggled to stand in front of a crowd and express herself confidently. However, with each competition, Lwazikazi gained more experience and learned to overcome her fears. She credits Enhance Your Passion Modelling School with helping her build her confidence and develop the skills she needed to succeed in the industry.

When it comes to preparing for photoshoots, Lwazikazi's mother plays a crucial role in ensuring that her daughter is well-prepared. Together, they book appointments and make sure that the dates and days don't clash with Lwazikazi's school days. This careful planning has allowed Lwazikazi to balance her modeling career with her education, and she is determined to make the most of both opportunities.

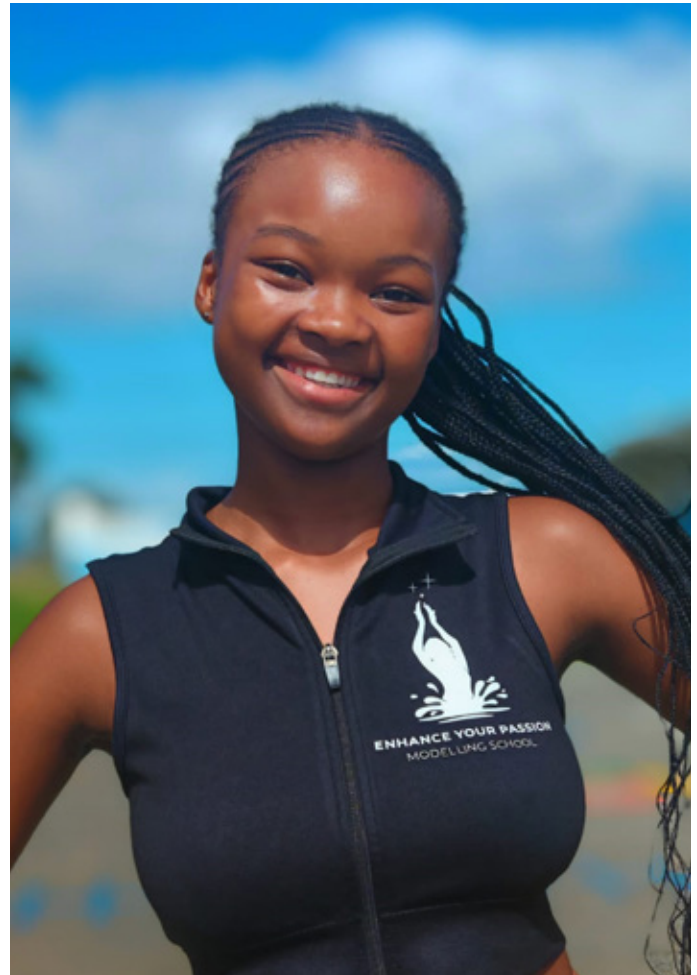
Lwazikazi's goal is to become a successful model who inspires young girls to pursue their dreams in the modeling industry. She wants to use her platform to promote positivity, self-acceptance, and empowerment, and to show the world that with hard work and determination, anything is possible.

In her free time, Lwazikazi loves to practice her routines and dance in front of the camera. She believes that staying active and creative is essential for maintaining a positive mindset and staying focused on her goals.

When faced with criticism or negative feedback, Lwazikazi takes it as a learning curve. She believes that constructive feedback is an opportunity to grow and improve, and she always tries to minimize negativity by staying focused and moving forward.

Lwazikazi's advice to young models is to be themselves, work hard, and





never let anyone bring them down. She emphasizes the importance of self-respect, self-confidence, and perseverance in the face of challenges.

Lwazikazi's mother has been instrumental in supporting her daughter's modeling career. She has been a constant source of encouragement, offering guidance and advice whenever Lwazikazi needs it. Her mother believes that the modeling industry is a great platform for young people to develop their skills, build their confidence, and pursue their dreams.

The Sasayi family has been a rock-solid support system throughout Lwazikazi's modeling journey. Her parents and siblings have all played a role in encouraging her, voting for her in competitions, and helping her stay focused on her goals.

In conclusion, Lwazikazi Sasayi is a talented and determined young model who is making waves in the South African modeling industry. With her passion, dedication, and support system, she is poised for a bright future in the industry. As she continues to grow and develop her skills, we can't help but feel excited about the incredible things she will achieve in the years to come.



