

# MODEL GUIDE

MODEL MAGAZINE

ISSUE 72

GET TO KNOW

AVIWE GQOKOMA

AYANDA GUMDE

THE  
POWER OF  
MUSIC

RISING  
STAR

LOMSO KAVE

WHEN  
BEAUTY  
COMBINES  
WITH BRAIN

INTERVIEW WITH MISS INTERCONTINENTAL ZIMBABWE

AMANDA  
PERESU

# FROM THE EDITOR

Dear readers,

As the editor of this publication, I would like to take this opportunity to thank you for your continued support and interest in our content. We take pride in providing engaging and informative articles and strive to deliver the highest quality of content to our readers.

We are always open to feedback, suggestions, and ideas from our readers. If there is a particular topic or subject you would like us to cover, or if you have any comments or feedback on our articles, we would love to hear from you.

Our goal is to continue to deliver content that is informative, engaging, and relevant to our readers. We appreciate your support and hope that you will continue to enjoy our content.

Best regards,

Lewis Nyamakosi



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# Capturing the Moment

## A Guide to Photography

Photography is more than just a hobby; it's an art form that allows us to freeze fleeting moments and tell stories through images. Whether you're a beginner looking to enhance your skills or an experienced photographer seeking inspiration, understanding the fundamentals of photography can significantly improve your ability to capture the world around you. Here are some key tips to help you get started.

### 1. Understand Your Camera

Before you can capture stunning photos, it's essential to familiarize yourself with your camera. Whether you're using a smartphone, a point-and-shoot, or a professional DSLR, knowing the settings and features will

allow you to take full advantage of your equipment.

#### Key Settings to Know:

- **Aperture:** Controls the amount of light entering the lens. A lower f-number (e.g., f/2.8) creates a shallow depth of field, blurring the background, while a higher f-number (e.g., f/16) keeps more of the scene in focus.
- **Shutter Speed:** Determines how long the camera's shutter is open. A fast shutter speed (e.g., 1/1000s) can freeze motion, while a slow shutter speed (e.g., 1/4s) can create a blur effect.
- **ISO:** Measures the sensor's sensitivity to light. A higher ISO (e.g., 1600) allows for shooting in low light but may introduce noise.

### 2. Composition is Key

Great photographs often come down to how the elements within the frame are arranged. Here are a few composition techniques to consider:

- **Rule of Thirds:** Imagine dividing your image into a 3x3 grid. Place your subject along these lines or at their intersections to create a more balanced composition.
- **Leading Lines:** Use natural lines in your environment—like roads, fences, or rivers—to lead the viewer's eye toward the subject.
- **Framing:** Use natural frames, such as doorways or branches, to draw attention to your subject.

### 3. Lighting Matters

Lighting can make or break a photograph. The quality, direction, and color of light can dramatically alter the mood of your images.

#### Tips for Working with Light:

- **Golden Hour:** Shoot during the hour after sunrise and before sunset for soft, warm light.
- **Avoid Harsh Midday Sun:** The overhead sun can create harsh shadows; consider shooting in shaded areas or using a diffuser.
- **Experiment with Backlighting:** Shooting toward the light can create silhouettes or a glowing effect around your subject.

### 4. Capture Emotion and Story

A powerful photograph often tells a story or evokes emotion. To achieve this, pay attention to the following:

- **Candid Shots:** Capture people in their natural environment without posed expressions. This often leads to more genuine emotions.
- **Context:** Include elements in the frame that provide context, helping to tell a story about the subject or scene.
- **Focus on Eyes:** In portrait photography, sharp focus on the eyes can create a strong emotional connection with the viewer.

### 5. Post-Processing

Editing is an essential part of modern photography. Tools like Adobe Lightroom and Photoshop can help enhance your images, correct exposure issues, and bring your artistic vision to life.

#### Basic Editing Techniques:

- **Cropping:** Improve composition by cropping out distracting elements.

#### - Adjust Exposure and Contrast:

Balance the light in your image for a more dynamic result.

- **Color Correction:** Adjust white balance and saturation to ensure colors appear as intended.

Photography is a rewarding and expressive art form that allows you to capture and share your unique perspective of the world. By understanding your camera, mastering composition, paying attention to lighting, telling stories through your images, and refining your photos in post-processing, you can elevate your photography skills. Remember, the best way to improve is to practice regularly, experiment with different techniques, and most importantly, enjoy the process of capturing moments!



# When Beauty And Brains Combine



various occasions such as weddings, professional events( film or music video shooting), birthday parties, traditional events, the list is endless.

## **Behind the scenes**

I am so grateful to be in a position to run my own business for more than 3 years, without having any thoughts of closing it. I am a very creative, passionate person who is a problem solver.

The deepest secret of success in business is to satisfy your customers. No customer, no business. Therefore, the main goal of a wise entrepreneur is to make sure that every customer is happy and satisfied with the service or products that have been delivered in Glamorous Beauty Bar.

Reaching out to potential clients has not been strenuous because of Social media platforms, face to face meetings, publications, attending of workshops or conferences, word of mouth and many other useful channels.

## **Do you support women empowerment?**

Absolutely, women who are empowered have greater control over their health, their careers and their quality of life.

## **What advice would you offer to upcoming entrepreneurs?**

There is a fine line between confidence and arrogance. The one pulls people towards you while on the other side is a turn off. However, be careful how you treat people. One of the biggest secrets of a business, it is all about building relationships and networking with different types of people. This is how you get more clients and establish a solid brand.

## **What are some of your beauty tips?**

Water. I drink a lot of water. I do not go to bed with make up on because skin produces less oil and loses a lot of moisture at night. Apply gel cream cleansing formula or the spritz style tone for boosted hydration or any other night time products or normal lotion.

**N**ot everyone has the drive and knows how to turn their passion into fruitfulness but at a tender age of 27, Lerato Mpangane has managed to reach the goals she set for herself. As a goal driven, vibrant and enthusiastic young girl, Lerato has become the talk of the town through her admirable and memorable work in the beauty and fashion industry.

" I always had a passion for beauty when I was growing up and I used to play with both dolls and people's faces" she says. When she completed her matric, she decided to fully dive into a world of beauty. Our fireball beautician offers various services such as make up, eyelashes and nail installing. Basically, she works on

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Written by

Kudakwashe T Muganu

# Michelle Delores Frankis: A Rising Star in Zimbabwe's Entertainment Scene



and acting. Her ambition is fueled by a lifelong dream of becoming a celebrated figure in the arts—whether as a model, actress, or musician.

Growing up, Michelle always envisioned herself in the spotlight. She describes herself as an aspiring actress and model, as well as a music video vixen. Her diverse talents reflect her passion for the entertainment industry, which she believes encompasses much more than just one discipline. Alongside her modeling career, Michelle is also a qualified business administrator, showcasing her ability to balance both creative and business pursuits effectively.

“This balance allows me to leverage my marketing and sales skills in the modeling world,” she explains. Her love for fashion, beauty, and music has been a significant driving force behind her decision to step into the limelight.

Michelle has already made a name for herself by appearing in numerous music videos. Some of her notable works include **“Fona”** by Delroy Shewe, **“Usandidaro”** by Nox, **“Pressure”** by Master H featuring Kae Chaps, **“Ndewako”** by Bling 4, **“NIV”** by Terry Afrika, and **“Ndanzvenga”** by Enzo Ishall.

**A**t just 20 years old, Michelle Delores Frankis is already making waves in the modeling and entertainment industry in Zimbabwe. Based in Harare, Michelle’s journey began at the age of 19, when she decided to pursue her passion for modeling

Additionally, she has collaborated with major brands, including **Pepsi Zimbabwe**, further solidifying her presence in the industry. Michelle is currently working



on exciting projects with artists like Freeman and **King 98**, which are set to enhance her portfolio even more.

Looking ahead, Michelle envisions a bright future filled with opportunities. Her primary goal is to excel as an actress, participating in various shows and films that could lead her to the big screen. Beyond personal success, she has a vision of opening her own modeling agency in Zimbabwe, where she can nurture and mentor aspiring creatives.

“My aim is to give back to the community by helping others achieve their dreams just as I am pursuing mine,” she shares. With her determination and passion, there’s no doubt that Michelle Delores Frankis is a name to watch in the coming years.

Michelle’s story is an inspiring reminder of the power of ambition and hard work. As she navigates her journey in the entertainment industry, her blend of creativity and business acumen sets her apart as a multifaceted talent. With her sights set on the future, Michelle is poised to make a significant impact in Zimbabwe’s entertainment landscape, and her journey has only just begun.



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# Rising Star: Lwazikazi's Journey to the Top



In the competitive world of pageantry, few stories are as inspiring as that of Lwazikazi, who recently won the Director's Choice Award and secured a top-five finish in a challenging competition. Reflecting on her achievements, Lwazikazi shares her overwhelming pride and joy. "Winning the Director's Choice makes me feel so proud and happy of myself. Being in the top five was a big surprise, especially since there were eleven contestants. It shows me that I've worked hard, and it gives me the confidence to re-enter next year knowing I can do this," she explains.

Despite her impressive accomplishments, Lwazikazi recognizes areas for improvement. "I lacked confidence during the Q&A session, where I panicked and took too long to answer. By the time I did respond, I wasn't bold enough," she admits. This self-awareness is crucial as she plans her strategy for future competitions.

To enhance her performance, Lwazikazi has laid out a clear plan. "I intend to practice my Q&A skills, ensuring that I provide more comprehensive and direct answers. I need to boost my confidence when speaking in front of a crowd and not let my nerves distract me. Taking deep breaths will help, and I'll learn not to hesitate in asking for clarification if I don't understand a question," she states confidently.

As the interview wraps up, Lwazikazi takes a moment to express her gratitude. "I want to thank my directors and coach for always teaching me positivity and reminding me that in competition, we

are all winners. To my mother, for her unwavering support, and for always encouraging me to keep pushing and never give up on my dreams. My sister has been my cheerleader, reminding me that I can do this," she says warmly.

She also extends her appreciation to her friends at EYP for their love and support. "Without them, I wouldn't be strong enough to share my testimony today. Special thanks to my sisters from another mother, Siphahle and Sinelizwi Lamani, for always believing in me," she adds.

In closing, Lwazikazi has an empowering message for young girls aspiring to enter the pageant world: "Never give up on your dreams. You are the one who will fulfill them, so believe in yourself. Let's continue to support each other, uplift those who may be struggling, and remind them they have what it takes to succeed."

With her remarkable journey ahead, Lwazikazi is not only a testament to hard work and perseverance but also a beacon of inspiration for aspiring models everywhere. As she embarks on the next chapter, she embodies the spirit of resilience and community, reminding us all that the journey continues. #myjourneycontinues





# Amahle Naledi Makhaola, the newly crowned Miss Glitz and Glamour SA Globe



In the world of pageantry, few stories resonate as deeply as that of Amahle Naledi Makhaola, the newly crowned Miss Glitz and Glamour SA Globe. At the heart of her journey is the unwavering support of her mother, Emily Tsebeletso Makhaola. As a proud parent, Emily expresses her overwhelming joy at Amahle's achievement. "I am overwhelmed with happiness. It was a big competition, and her winning made me see that everything is possible," she shares, her pride evident.

Amahle's foray into modeling began with a spark of inspiration. "She saw some videos online and asked me to take her to modeling classes because she loved it," Emily recalls. Recognizing her daughter's passion, she diligently sought out a reputable agency that could provide the training Amahle needed to flourish in this competitive field.

With Amahle's recent success, the question arises: will we see more of her in the world of pageantry? Emily is enthusiastic about her daughter's future. "Yes, she loves modeling, and I also love it for her," she affirms. This shared passion has strengthened their bond and fueled Amahle's aspirations.

As Amahle continues to shine in the spotlight, Emily's support remains a guiding force in her journey. The two share a dream of not only achieving personal milestones but also inspiring others along the way. As they navigate the exciting yet challenging world of modeling and pageantry, their story is a beautiful testament to the power of encouragement and belief in one's dreams. With Emily by her side, there's no doubt that Amahle Naledi Makhaola will continue to make her mark in the modeling industry.

# Ntombie Gumede Takes the Reins as National Director for Miss Supranational Zimbabwe



the National Director of Miss Teen Candidates to international pageants from South Africa and Namibia, I can't wait to share the experience with Zimbabwe. I'm looking forward to this exciting journey!"

As National Director, Gumede will be responsible for overseeing the selection and preparation of Zimbabwe's representative to the Miss Supranational pageant, one of the most prestigious international pageants. Her extensive experience in the industry ensures that she is well-equipped to identify and nurture talented young women, providing them with the necessary skills and confidence to excel on the global stage.

Gumede's appointment is a significant milestone for Miss Supranational Zimbabwe, marking a new era of growth and development for the organization. Her dedication to empowering

In an exciting development for the Zimbabwean pageant scene, Ntombie Gumede has been appointed as the new National Director for Miss Supranational Zimbabwe. With a wealth of experience and knowledge gained from her tenure as National Director of Miss Teen Candidates to international pageants from South Africa and Namibia, Gumede is poised to bring a new level of expertise and enthusiasm to the role.

Gumede's passion for pageantry and empowering young women is evident in her statement: "With the experience and knowledge I've gained from being

young women and promoting Zimbabwe's beauty and talent on the international stage is sure to inspire a new generation of pageant enthusiasts.

As Zimbabwe prepares to shine on the global pageant stage, Ntombie Gumede's leadership and expertise will undoubtedly play a pivotal role in shaping the country's success. We wish her all the best on this exciting journey and look forward to witnessing the impact she will make in the world of pageantry.



@MODEL GUIDE



**Ammanda Peresu Miss Intercontinental Zimbabwe**





# Ayanda Gumde

*making waves in the modeling scene.*



In the vibrant community of Folweni Township, KwaZulu-Natal, a remarkable young talent is making waves in the modeling scene. Ayanda Gumde, at just 10 years old, has already been crowned Miss World Glitz and Glamour SA 2024. This title not only highlights her achievements but also her dedication and ambition at such a young age.

Currently attending Collinwood Primary School, Ayanda has learned the art of balancing her academic responsibilities with her passion for modeling. "The pageants are always taking place on weekends, so I make sure to allocate time for my homework and submit my school projects or assignments on time," she explains. For Ayanda, effective time management is key to ensuring that she excels in both her studies and her modeling pursuits. She aspires to be a doctor in the future, underscoring her commitment to education. "I know that if I want to see myself on university grounds, I have to study hard," she adds.

Looking ahead, Ayanda has ambitious plans for her modeling career. "Next year, I'm going to represent South Africa in the Philippines," she shares excitedly. Her biggest hope is to participate in more international pageants, continuously pushing her limits and making her family and country proud.

As a young model still navigating the industry, Ayanda has valuable insights to share with her peers. "I'm still learning more about this industry, but what I've learned so far is the importance of perseverance and staying true to myself," she says. Her message resonates with aspiring models everywhere: with hard work and dedication, anything is possible.

Ayanda Gumde is not just a rising star in modeling; she embodies the spirit of resilience and ambition. With her sights set on the future, she is sure to inspire many as she continues her journey both in the classroom and on the runway.



# Mbokazi Exemplifies Dedication And Ambition.



In the dynamic world of modeling, young talents are continuously emerging, and one such standout is Mbokazi Luzokwanda from Mandeni, KwaZulu-Natal. At just 15 years old, she has already been crowned Miss Glitz and Glamour South Africa 2024 Pre Teen Queen and is making waves as a model and content creator. Balancing her modeling career with her studies at Mathubeszwe High School, Mbokazi exemplifies dedication and ambition.

To manage her dual commitments, Mbokazi has developed a robust strategy. "I create a schedule for my school and modeling commitments," she explains. Communication plays a key role in her success; she keeps her teachers informed about her modeling engagements, ensuring they understand her responsibilities outside the classroom. Additionally, she utilizes her downtime effectively, often studying or completing homework during travel or breaks. With the unwavering support of her friends and family, she feels equipped to handle her busy schedule. "I also prioritize managing stress by taking breaks and practicing mindfulness," she adds, highlighting the importance of mental well-being.

Looking to the future, Mbokazi envisions a path filled with inspiration and growth. "I see myself uplifting everyone in my community to be their best selves," she shares. Her aspirations include networking with industry professionals, participating in fashion shows and campaigns, and becoming a positive role model or influencer. She recognizes the value of having a strong support system as she navigates her journey.

For other aspiring models, Mbokazi has some important advice: "Stay organized and professional. Surround yourself with positive influences, invest in education or training, and stay authentic and true to yourself." She emphasizes the importance of continuous growth and learning, encouraging her peers to embrace their journeys with open hearts.

Mbokazi Luzokwanda is not only a rising star but also a beacon of inspiration for young individuals pursuing their dreams in the modeling industry. With her determination and positive outlook, she is poised to make a significant impact both on and off the runway.



# GET TO KNOW AVIWE GQOKOMA



In the vibrant city of Gqeberha in the Eastern Cape, 14-year-old Aviwe Gqokoma is making a name for herself in the modeling world while diligently balancing her education at Kabega Christian School. For Aviwe, managing both modeling and school can be a challenging endeavor. “I prioritize my education and schedule my modeling commitments around my schoolwork,” she explains, showing a mature understanding of the importance of both pursuits.

As she looks to the future, Aviwe has ambitious aspirations for her modeling career. “I hope to continue to grow as a model and take on more challenging and diverse projects,” she shares. Her goal extends beyond personal success; she aims to use her platform to inspire and empower other young people to pursue their dreams.

Aviwe has a message for aspiring models everywhere: “Never give up on your dreams. Believe in yourself, work hard, and never let anyone tell you that you can’t achieve your goals.” She acknowledges the challenges present in the modeling industry but emphasizes that perseverance, dedication, and a positive attitude can make a significant difference.

“Stay true to yourself and never compromise your values or integrity,” she advises. “And most importantly, have fun and enjoy the journey!” With her determination and outlook, Aviwe Gqokoma is not just a rising star in modeling; she is also a source of inspiration for her peers and a testament to the power of hard work and self-belief.





# GET TO KNOW:

## Sithandiwe Sibondana

In the heart of KwaNoxolo, Port Elizabeth, a remarkable young woman is making waves in the modeling industry. Sithandiwe Sibondana, at just 23 years old, has been crowned Miss Glitz and Glamour SA Universe 2024, a title that speaks to her dedication and passion for the craft. Looking back, Sithandiwe's journey into modeling began at a young age. "I started modeling as young as 8 or 9 years old, in the third grade," she recalls, her eyes lighting up at the memory.

The path to modeling was paved by her elder sister, who encouraged her to enter a competition during primary school. "Right there and then, I had a new hobby," Sithandiwe says, highlighting how that initial push sparked her passion for the runway.

Beyond modeling, Sithandiwe is a multifaceted individual. She has recently completed her N6 Certificate in Financial Management at Eastcape Midlands TVET College. Alongside her studies, she runs a small business specializing in fragrances and nails, showcasing her entrepreneurial spirit. Additionally, she balances her time by playing netball

while actively seeking employment.

As she looks to the future, Sithandiwe has ambitious aspirations. "In the next few years, I see myself as a graduate, an NPO director, doing more community work, employed, and with a few other crowns added to my collection," she shares with determination.

For other aspiring models, Sithandiwe has an inspiring message: "Do not give up on your dreams and do not let your background determine your future. Always remember that the only competition you have is yourself. Run your race on your terms and at your pace, and remember that education is the key before anything else."

Sithandiwe Sibondana embodies the spirit of resilience and ambition, proving that with hard work and dedication, dreams can indeed become a reality. As she continues her journey, we can expect to see her making significant impacts both on and off the runway.



# Alwaba Lisa Matati: A Rising Star in Modeling and Sports



Meet Alwaba Lisa Matati, a radiant and ambitious 17-year-old from Amalinda Forest, East London. Alwaba has already made a lasting impression in the modeling industry, showcasing not only her beauty but also her determination and resilience.

Alwaba began her modeling journey at the age of 14. Motivated to challenge herself and build confidence, she stepped out of her comfort zone. This bold decision has proven transformative, as modeling has enabled her to express herself creatively while developing essential skills such as adaptability, resilience, and effective communication.

Among her notable accomplishments, Alwaba was crowned the 1st runner-up for Miss Glitz and Glamour SA. This achievement highlights her dedication and passion for modeling. With three years of experience, she

continues to strive for excellence in the beauty pageant world. Her journey has provided her with opportunities to mentor aspiring models, connect with photographers and stylists, and deepen her understanding of the industry.

In addition to her modeling career, Alwaba is an avid netball player with aspirations to represent her country on international teams. Her dedication to sports complements her ambition in modeling, teaching her valuable lessons about teamwork and discipline. Alwaba believes in maintaining a balanced lifestyle that includes both physical and mental well-being, which she views as crucial for achieving success in any field.

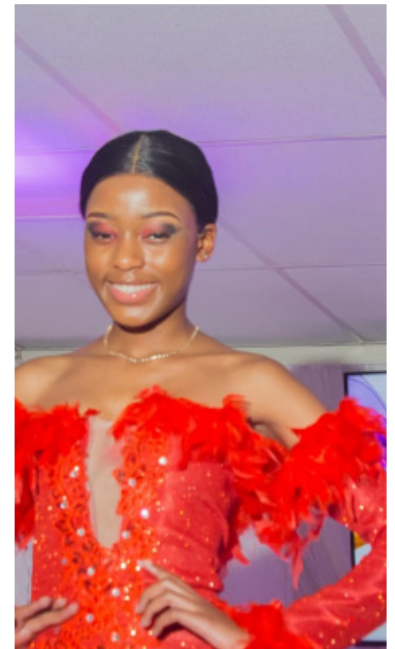
Looking ahead, Alwaba is eager to explore new horizons in the aviation industry. She aims to pursue a career as a pilot or flight attendant, combining her love for adventure with her passion for helping others. Aviation has always fascinated her, and she is excited about the prospect of traveling the globe, experiencing diverse cultures, and making a positive impact.

To fellow models and aspiring individuals, Alwaba offers the following advice:

“Believe in yourself, take the leap of faith, and watch the universe conspire to make your dreams a reality.”

She emphasizes the importance of embracing challenges, staying true to oneself, cultivating resilience, and surrounding oneself with supportive individuals who encourage personal growth.

Alwaba Lisa Matati is not only a rising star in the modeling industry but also a dedicated athlete with aspirations in aviation. Her journey demonstrates the power of resilience, ambition, and a balanced lifestyle. As she continues to pursue her dreams, Alwaba serves as an inspiring example for aspiring models and athletes everywhere.



# The Rising Star: Damana Sibusiso's Journey in Modeling



**By Lewis Nyamakosi, Model Guide Magazine**

In the vibrant world of modeling, where dreams can sometimes feel distant, 15-year-old Damana Sibusiso from Gqeberha in the Eastern Cape is proving that determination and passion can lead to remarkable achievements. As the 2nd runner-up of the Miss Glitz & Glamour South Africa 2025 pageant, Damana's journey is one of inspiration and resilience.

Damana's foray into the modeling industry began at the tender age of 11. It was during her time in Grade 6 that she first stepped onto the runway, encouraged by her netball coach who organized a pageant for the team. What started as a fun activity quickly transformed into a profound experience for Damana. "I felt something change inside me," she reflects. "I felt at peace and reconnected with myself." This pivotal moment ignited her passion for modeling and set her on a path of personal growth and development.

Despite her busy schedule as a titleholder and contestant, Damana is not just a model; she is a multifaceted individual with a wide array of interests. When she's not preparing for an upcoming pageant, you can find her immersed in poetry, crafting novels, creating engaging content, or participating in cheerleading and netball. Each of these activities contributes to her creativity and discipline, essential traits for anyone in the modeling industry.

Looking ahead, Damana has ambitious short-term goals. She aims to matriculate with flying colors and pursue a degree in law. Her vision extends beyond personal achievement; she dreams of opening her own academy to nurture and groom young talent. "I want to create a space where young individuals can grow, learn, and express themselves," she shares, embodying the spirit of mentorship and empowerment.

As a young model navigating the complexities of the industry, Damana has valuable insights to offer her peers. "Character and self-discipline are the basic essentials as a brand ambassador," she advises. Staying true to oneself and being mindful of behavior on social media are crucial in today's digital age. "Social media has the power to make or destroy you," she cautions, emphasizing the importance of authenticity and responsibility in public life.

Damana Sibusiso is more than just a rising star in the modeling world; she is a beacon of hope and inspiration for young individuals everywhere. With her blend of talent, ambition, and wisdom, she is poised to make a lasting impact not only in the modeling industry but also in the lives of those she aspires to mentor. As she continues her journey, we can only expect great things from this remarkable young woman.



# Rising Star: Ingantathi Mngqola



**By Lewis Nyamakosi, Model Guide Magazine**

At just 15 years old, Ingantathi Mngqola from Gqeberha, Eastern Cape, is making waves in the modeling world. Starting her journey at the tender age of 14, Ingantathi's entrance into modeling wasn't a matter of force but rather a serendipitous discovery. A keen-eyed modeling scout recognized her potential and encouraged her to step into the limelight, setting her on a path that many only dream of.

When she's not strutting down runways or posing for photoshoots, Ingantathi is a dedicated learner at Newton Technical High. "Education is incredibly important to me," she shares. "I'm developing new skills that I know will benefit me, both in modeling and in life." This balance between academics and modeling showcases her commitment to personal growth and future success.

Looking ahead, Ingantathi is brimming with ambition. "In the next few years, I see myself becoming a more established and respected model in the industry," she states confidently. Her aspirations include collaborating with top brands and designers, and even exploring acting and other creative avenues. With her drive and determination, it's clear that Ingantathi is setting the stage for a bright future.

As a young model, Ingantathi understands the pressures of the industry. She has a powerful message for her peers: "To all the beautiful and talented models out there, remember that your worth goes beyond your physical appearance. Stay true to yourself, prioritize your well-being, and surround yourself with positive people." Her words resonate deeply, encouraging others to believe in themselves and to chase their dreams relentlessly.

Ingantathi views herself as more than just a model; she sees herself as a role model. "I strive to use my platform to promote positivity, self-love, and empowerment," she explains. With a commitment to inspiring young girls and women, Ingantathi embodies the spirit of resilience and empowerment in a world that often emphasizes superficiality.

Ingantathi Mngqola is not just a rising star in the modeling industry; she is a beacon of hope and inspiration for many. As she continues to grow and evolve, there's no doubt that she will leave a lasting impact, proving that true beauty comes from within and that dreams are worth pursuing. Keep an eye on this remarkable young woman; she is just getting started.

# Noxolo Zulu

## Miss Glit and Glamour South Africa



and modeling, working with reputable brands and potentially walking international runways,” she states with determination.

To fellow young models, Noxolo offers invaluable advice: “Stay true to yourself, prioritize education, and set boundaries. Surround yourself with supportive people, take care of your physical and mental health, and have fun! Remember, modeling is a platform to inspire and empower others—use it wisely.”

She emphasizes the importance of involving parents or guardians in modeling decisions, being mindful of social media

presence, and seeking guidance from reputable modeling agencies and mentors. Noxolo’s insights reflect a mature understanding of the responsibilities that come with her role as a young model.

As Noxolo Zulu continues her journey, she embodies the spirit of empowerment and inspiration, reminding us all that the world of modeling is not just about beauty but also about making a positive impact.



**N**oxolo Zulu, a vibrant 15-year-old from Mthunzini, is making her mark as the reigning Miss Glit and Glamour South Africa. Her journey into the world of modeling began at the age of 14 when she was scouted at school after participating in a few local photoshoots.

Growing up, Noxolo was captivated by the transformative power of fashion. “I’ve always loved fashion and being in front of the camera,” she shares. This passion has fueled her ambition, leading her to pursue modeling as a way to express herself and connect with others.

In addition to her modeling career, Noxolo is a dedicated high school student. She actively participates in extracurricular activities, including dance and volunteering. Balancing her studies with modeling is a priority for her, and she is committed to making both aspects of her life a success.

Looking ahead, Noxolo envisions a bright future in the modeling industry. “In the next few years, I hope to balance school

# Embracing Resilience

## Noxolo Siyamthanda Nzama's journey



In a world often captivated by perfection, Noxolo Siyamthanda Nzama, affectionately known as Yaya, shares a story that transcends the surface. As a second-year student at the University of KwaZulu-Natal and a finalist in the Miss KwaZulu-Natal pageant, Yaya's life appears to be a fairy tale. However, her journey is a testament to the strength found in vulnerability and the power of resilience.

Behind Yaya's radiant smile and confident strides on the runway lies a narrative of struggle. For years, she battled the tumultuous waves of anxiety, depression, and self-doubt. There were days when the weight of her mental health made even the simplest tasks feel insurmountable. "Getting out of bed felt like climbing Mount Everest," she recalls, highlighting the relentless grip of her internal battles.

Yet, amid the darkness, Yaya discovered a light—a determination to reclaim her narrative. Refusing to let her struggles define her, she embarked on a journey of healing. Embracing therapy and support groups, she learned the importance of self-care and the transformative power of mindfulness, meditation, and journaling.

Modeling became more than just a career for Yaya; it became her sanctuary. "As I walk the runway, I remind myself, 'I am more than my struggles. I am strong, capable, and worthy,'" she shares. This platform allows her to express herself and silence the inner critic that often looms large. Through modeling, she not only boosts her confidence but also inspires others to embrace their uniqueness.

Balancing academics and modeling is no small feat, especially when grappling with mental health challenges. Yaya has learned to set realistic goals, prioritize her well-being, and surround herself with positivity. She emphasizes the importance of giving oneself grace and space to heal, reminding us all that it's okay to take a step back when needed.

Yaya's advocacy extends beyond her personal experiences. As a devoted supporter of mental health awareness, she passionately promotes conversations around mental well-being, abstinence initiatives, and women's empowerment. Drawing from her own journey, she encourages survivors of trauma to break their silence and seek help. "You're not alone, and your worth isn't defined by your struggles," she affirms.

As the Miss KwaZulu-Natal finale approaches, Yaya stands on the precipice of triumph. Her story is not one of tragedy but of resilience. She embodies the belief that, together, we can shatter stigmas, unlock human potential, and build stronger communities.

Noxolo Siyamthanda Nzama's journey is a powerful reminder that behind every smile is a story worth telling. Her unwavering spirit and commitment to



# THE POWER OF MUSIC

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and runs until 6 PM. This is a wonderful opportunity to express gratitude for all that God has done in your life. We encourage you to come in numbers and enjoy a joyous time in the presence of Almighty God. Don't forget to wear your dancing shoes, because you'll be singing, worshipping, and dancing all day long!

Fortune Humbe Khalamba, a dynamic leader of FOPRA FM, is at the forefront of a movement aimed at spreading the word of God through music and fostering community togetherness. FOPRA, which stands for Fire Of Praise, is based in Midrand, Johannesburg. Their inaugural event on October 12, 2024, celebrated the birthday of Matthew Tibani, the CEO of FOPRA. It was a resounding success, leaving attendees with cherished memories, thanks to outstanding performances from a roster of talented artists.

Here's a glimpse of some of the amazing artists who graced the stage at that event:

- Silas Mutsika
- Costa Mpilo
- Patience Mukangaya
- Chiedza Kasiyandima
- Francis Marumisa
- Cephas Lajabu
- Munyaradzi Tshuma
- Billy Mondoka
- Zwelithini Ndlovu
- Tanyaradzwa Tshuma
- Silibaziso Ncube

In a recent magazine interview, Fortune confidently declared that this upcoming event promises to be epic. The team has been working diligently to ensure everything is perfect for this special occasion. We're eagerly awaiting your presence for an incredible time in the Lord's company. The venue has been expanded to accommodate a larger audience, with plenty of parking, babysitting services, and play areas for children.

This is an event you won't want to miss. **Save the date! We can't wait to see you there!**

For More Information

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Written by Kudakwashe T Muganu

Gospel music is a powerful force, composed and performed for a multitude of purposes. It transcends mere entertainment, resonating deeply with people of all ages, genders, classes, races, and statuses. This universal appeal makes gospel music one of the most accessible forms of therapy, providing healing for both the body and the soul.

Mark your calendars for November 23, 2024! All roads will lead to Tweedy Park Corner (Wanderers and Voortrekker, Brakpan Road) for an unforgettable celebration. The show kicks off at 10 AM

# The Journey To Greatness



One of the prominent young black girls who proved that it is possible to start from the bottom and rise to the top was Lindo Fatso Khumalo. Her role model inspired our superstar model to dive into modelling without any element of fear about her abilities or capacity.

What is your philosophy?

Wear confidence every time, you can wear nice clothes but with no confidence you won't look good.

What message do you want to tell your family members, friends and fans?

I am so grateful to have such kind of amazing people in my life who have full support towards my modelling career. I really appreciate them from the bottom of my heart.

Written by

Kudakwashe T Muganu

When you think you have seen it all on this earth, here comes a young grounded girl who is making huge waves in her career. A history maker whose growth game is rapidly moving so fast like a wild fire. Honestly speaking, she is a game changer who is determined to add new flavours in the modelling industry. This belly is just highly gifted and extraordinarily talented.

Ladies and gentlemen allow me to introduce you to the lady of the moment, Eshle Ntuli is a reigning Miss Glitz And Glamour South Africa 2024 KZN Ambassador. This gem is committed to be the best version of herself that extent just go beyond to be a model as she strives for excellence in all aspects of her life.

For an early age, Eshle showed a natural flair for modelling culture because it speaks so loud about excellence, confidence and beauty. Her craftwork is a confirmation that she was destined to be a model. At the age of 6, she was already on the runway and scooping many awards. What an incredible individual!



# Redefining Beauty:

## The Inspiring Journey of Lomso Kave



countless days of conquering self-doubt, embracing her natural self, and stepping into spaces where she was often the only one with visible skin differences. “The journey has been rewarding but demanding, especially now as I juggle my Grade 12 studies along with the rigorous schedule of pageantry and modeling,” she explains.

Balancing these responsibilities is no easy feat. “There are nights when I’m up late studying after a day of rehearsals and photo shoots,” she shares. Despite the late nights and skin irritations that come with stress, each challenge strengthens her determination. Lomso’s goal is to be a voice for young people who have ever felt less because of their differences.

Through her platform, Ubhle Bam Ndiyabamkela, under the soon-to-be-launched Isolomso Foundation, Lomso advocates for mental health awareness and self-acceptance. This December, she is excited to officially launch her brand, which will serve as a space that champions confidence and leadership among young people. “I teach children that their background or circumstances do not define their future; rather, it is their dreams and perseverance that matter,” she states passionately.

At just 18 years old, Lomso Kave from East London, Eastern Cape, stands proudly as a finalist in the International Teen Supermodel South Africa 2024 competition. However, her journey into the world of modeling has been anything but conventional. For Lomso, modeling represents more than just beauty or fame; it is an exploration of resilience, identity, and self-love.

Looking ahead, Lomso envisions expanding her advocacy on an international scale while continuing to inspire others through modeling. In addition, she has a surprising lifelong ambition: to become a pilot. “Starting my studies will be another chapter of breaking barriers and showing that passion and dedication can take you to the skies, quite literally,” she reveals with enthusiasm.

Growing up with eczema, Lomso initially viewed her dream of becoming a model as nearly unattainable. The skin condition often drew curious stares, leading to feelings of isolation during her childhood. Yet, rather than allowing these challenges to define her negatively, Lomso chose to redefine beauty—not just for herself, but for others who see their own stories reflected in hers. “Modeling with eczema has become my superpower,” she affirms. “It’s how I show that beauty is multifaceted and that imperfections are what make stories worth telling.”

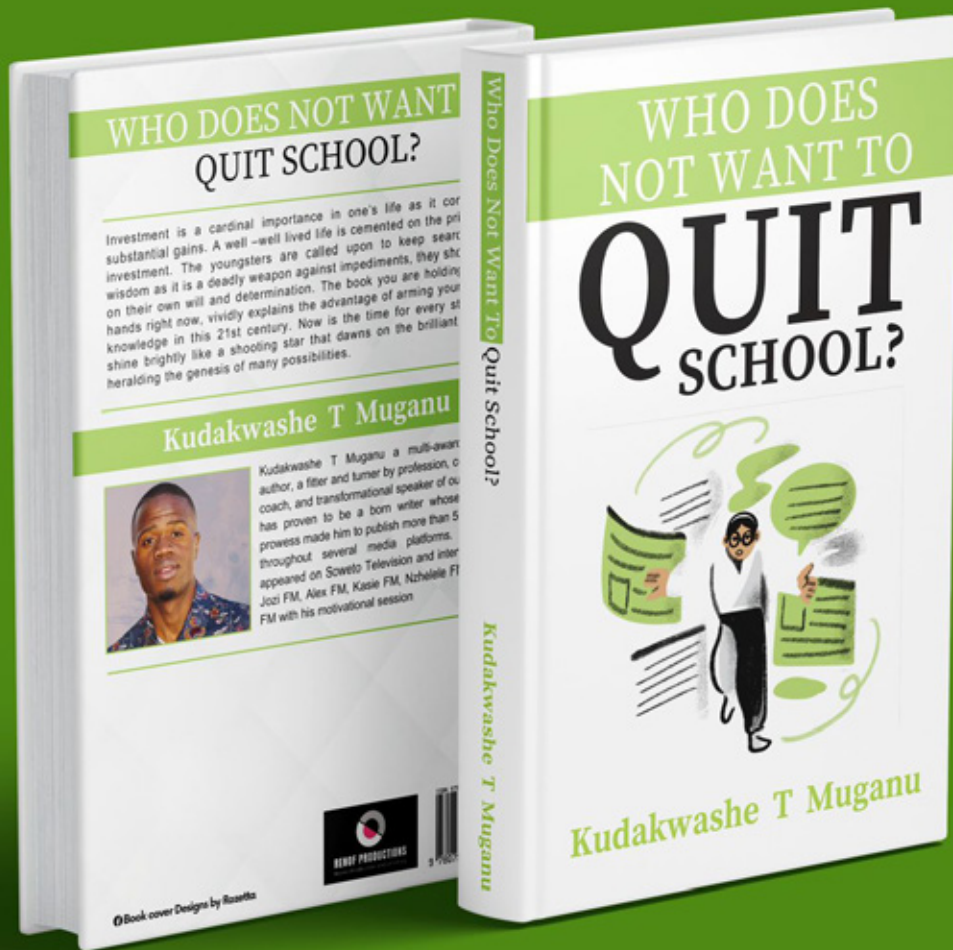
To other aspiring models, especially those who feel different or worry they don’t fit the mold, Lomso offers a powerful message: “Your unique story is your power. The challenges you face don’t diminish your potential; they amplify your voice and set you apart in the most extraordinary way. Embrace the journey, trust in your strength, and know that true beauty lies not in perfection, but in authenticity.”

Reaching the finals of the competition is a significant milestone for Lomso, one she once thought was beyond her grasp. This journey has been marked by

Lomso Kave is not just a finalist in a modeling competition; she is a beacon of hope and inspiration for countless young people. Her journey illustrates that resilience, self-love, and authenticity are the true hallmarks of beauty, and she is determined to share that



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